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PEDIATRIC SLEEP QUESTIONNAIRE: SLEEP DISORDERED BREATHING SUBSCALE

Child's Name: _____ Date: _____

Person Completing Form: _____ Relationship: _____

Please answer these questions regarding the behavior of your child during sleep and wakefulness. The questions apply to how your child acts in general during the past month, not necessarily during the past few days since these may not have been typical if your child has not been well. You should circle the correct response or print your answers in the space provided. A "Y" means "yes," N means "no," and "DK" means "don't know."

1. **While sleeping, does your child:**
 - Snore more than half the time?..... Y N DK
 - Always snore?..... Y N DK
 - Snore loudly?..... Y N DK
 - Have "heavy" or loud breathing?..... Y N DK
 - Have trouble breathing, or struggle to breathe?..... Y N DK

2. **Have you ever seen your child stop breathing during the night?..... Y N DK**

3. **Does your child:**
 - Tend to breathe through the mouth during the day?..... Y N DK
 - Have a dry mouth when waking up in the morning?..... Y N DK
 - Occasionally wet the bed?..... Y N DK

4. **Does your child:**
 - Wake up feeling unrefreshed in the morning?..... Y N DK
 - Have a problem with sleepiness during the day?..... Y N DK

5. **Has a teacher or other supervisor commented that your child appears sleepy during the day?..... Y N DK**

6. **Is it hard to wake your child in the morning?..... Y N DK**

7. **Does your child wake up with headaches in the morning?..... Y N DK**

8. **Did your child stop growing at a normal rate any time since birth?..... Y N DK**

9. **Is your child overweight?..... Y N DK**

10. **This child often:**
 - Does not seem to listen when spoken to directly..... Y N DK
 - Has difficulty organizing tasks and activities..... Y N DK
 - Is easily distracted by extraneous stimuli..... Y N DK
 - Fidgets with hands or feet or squirms in seat..... Y N DK
 - Is "on the go" or often acts as if "driven by a motor"..... Y N DK
 - Interrupts or intrudes on others (eg., butts into conversations or games)..... Y N DK

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